

WSLA COACHES' COUNCIL MEETING
MINUTES
10/26/05

Present: Sue Haviland (Overlake); John McGoldrick (Curtis); Michelle Flaten (Curtis JV); Lacey Menne (North Kitsap); Val Torrens (North Kitsap); Doug Carmichael (Nathan Hale); Amy Kubacki (Eastside Catholic); Sarah Nehring (Bellevue); Sarah Kiehl (Tacoma); Lena Hanson (Lake Sammamish); Sean Collins (Snohomish); Craig VanDerHorn (Mercer Island); Michelle Grose (Roosevelt); Kristin Gavin (Roosevelt); Sue Rodriguez (Lake Sammamish); Margaret Sandvig (Garfield); Liz Fitzhugh (Garfield); Megan Toner (Greenwood); Vinca Swanson (Webmaster); Coco Hess (WWLUA); Tsering Short (WWLUA); Jamie Asaka (WSLA Varsity A Representative/ Lakeside); Jan Hill (WSLA Vice President/ Bainbridge); Jessanne Allan (WSLA Treasurer/ Lake Sammamish); Sarah Milo (WSLA Secretary/ Mercer Island)

I. Board Positions

- a. Nominations for Varsity B: Kristin Gavin (Roosevelt)
- b. Nominations for Junior Varsity: Lacey Menne (N. Kitsap) and Sean Collins (Snohomish)

II. Handbook

- a. Handbook was discussed and amended.

Motion: League will adopt the WSLA Handbook as amended.

Vote: 16 in favor, 0 opposed, 0 abstentions

III. WSLA By-Laws

- a. By-Laws were discussed and amended.

Motion: League will adopt the WSLA By-Laws as amended.

Vote: 16 in favor, 0 opposed, 0 abstentions

IV. League Schedule

- a. Key Dates
 - i. Scheduling deadlines: November 1st for HS teams
 - ii. Practice begins – Feb 27th
 1. No coaching contact before then – WIAA rules – MS may start one week earlier
 - iii. Games begin – March 13th
 - iv. Tentative last day of regular season – May 12th
 - v. Playoff week – May 15th – 20th
 - vi. Championship game – combined event with boys at Memorial Stadium – May 19/20
- b. Important Messages from the High School Scheduler (Sue Haviland)
 - i. Once the first draft of the Schedule goes out each team will have 1-2 weeks (you will be given a definitive deadline) to check the schedule. Any changes after that 1-2 week period must be approved by the board.
 - ii. In the case of teams whose participation is questionable: it is easier to scratch those team from the schedule than to add those team to the established schedule.
 - iii. Scheduler needs stadiums schedules ASAP from Bainbridge, Mercer Island, Bellevue, and Curtis.
- c. Clarification of League Alignment:
 - i. Varsity A
 1. Bainbridge
 2. Bellevue

3. Forest Ridge
4. Holy Names
5. Lake Sammamish
6. Lakeside
7. Mercer Island
8. North Kitsap
9. Overlake School
10. Seattle Prep
- ii. Varsity B
 1. Curtis
 2. Eastside Catholic
 3. Garfield
 4. Maple Valley
 5. Mercer Island
 6. Nathan Hale
 7. North Kitsap
 8. Roosevelt
 9. Seattle Prep
 10. Snohomish
 11. Tacoma
- iii. JV
 1. Bainbridge Island
 2. Bellevue
 3. Central Kitsap
 4. Curtis
 5. Holy Names
 6. Lake Sammamish
 7. Lakeside
 8. Mercer Island
 9. North Kitsap
 10. Overlake School
 11. Seattle Prep
 12. Snohomish
 13. Tacoma
- d. Specific Team Constraints:
 - i. Nathan Hale only gets their home field when the boys lax team is away.
 - ii. Holy Names cannot have double headers
 - iii. North Kitsap must arrange with the boys lax team
 - iv. Lakeside must coordinate with the boys lax

V. League Dues and Budget

- a. League Dues
 - i. \$4/player
 - ii. \$10/team
- b. Referee Fees - Small changes this year: Referee rates have stayed the same but there has been a small increase in administration fees agreed upon by executive board and WSLUB. This is going mostly towards the official scheduler.
 - i. Varsity: \$52 per referee per game
 - ii. JV: \$36.50 per referee per game
 - iii. Middle School/Youth: \$21 per referee per game
- c. Referee Travel Fees
 - i. Travel fees will decrease from \$25 per team to \$15 per team for travel
- d. Each team will receive an invoice from Jessanne (League Treasurer) at the next Coaches' Council meeting. **Payment will be due by March 10th.**
- e. WSLA will adjust invoice to take into consideration credit for referee volunteers by teams.

VI. Referee Issues (From the WWLUA Reps)

- a. Things that went well last year:
 - i. Statistics:
 - 1. Of the 212 JV and Varsity games last season...
 - a. 96% were officiated by 2 umpires.
 - b. Only 1% was canceled due to no umps
- b. We need to recruit more referees!
 - 1. There are 9 clinics for training referees (in the whole NW Region) this year. See clinic flyer @ wwlua.org (website will be available by Nov. 8th)
 - 2. Each team that recruits a new umpire (who officiates a specified minimum number of games) will have their ref. travel fees waived.
- c. New and improved Umpire Association!
 - 1. New name: Washington Women's Lacrosse Umpires Association (WWLUA)
 - 2. New website: wwlua.org
 - 3. New email: Info@wwlua.org
- d. WWLUA High School Liaison: Tsering Short (yuthokshort@comcast.net)
- e. This year umpires will expect teams to provide safe and professionally prepared fields. This includes lines (this year there will be a hard boundary rule), tables, timer, horn, and official score book.
- f. Be prepared for an increase of rates next year.
- g. The New Rules Interpretation Clinic (mandatory for all coaches) will be the last hour of the coaches' clinic. Coco is also offering a clinic the week prior in Kitsap.
- h. Need new High School Referee Assigner
 - 1. Stipend of about \$1500
- i. High School Aged Referees can officiate middle school, youth (and below).
 - i. Please recruit QUALITY high school referees
 - ii. See WWLUA site for referee pay rates and a breakdown of the cost to become referee.

VII. Website (wslax.org)

- a. New Webmaster: Vinca Swanson (vincaswanson@hotmail.com)
- b. attn: pictures for website) = webmaster
- c. The website will be the WSLA's primary source for information
- d. Pictures-
 - i. Please send pictures to your league representative (Varsity A: Jamie Asaka; Varsity B and JV: Jan Hill)
- e. To send any information to Vinca please go through your league representative.
- f. Suggestions for the Website (*We must provide this info to Vinca*):
 - i. Logo (Kelly will send logo to Vinca)
 - ii. "How to Take Statistics" resource
 - iii. "General Lacrosse Rule"
 - iv. Handbook and By-Laws
 - v. Link to USL
 - vi. "Must Have For Each Game Checklist"
 - vii. Positive Coaching Alliance link
 - viii. History of Lacrosse in Washington
 - ix. History of Lacrosse
 - x. Classifieds Page (to post "coaches wanted" etc.)
 - xi. Camp information
- g. Look for the website around December 10th.

VIII. Coaches Clinic

- a. Will be held at Holy Names
- b. January 28th

- i. Coaches Clinic 9am-4pm
 - ii. New Rules Interpretation 4pm-5pm
 - iii. Referee Training Clinic will be held at Holy Names at the same time.
- c. Speaker will be Janine Tucker from Johns
- d. National Clinic – 2 weeks before

IX. National Clinic

- a. Date: the weekend of Jan 14th
- b. There will be six grants available at \$300/grant
- c. Grant applications distributed at this Coaches' Council Meeting
 - i. DUE: Nov. 16th.

X. Equipment Grants

- a. Three grants available at \$500 per grant
- b. Grant applications are available on Washington Chapter website.

XI. Beginner Players Clinic

- a. Date: February 25th
- b. Coordinator: Craig VanDerHorn (cvandy@att.net)
- c. Sue Rodriguez volunteers to help with logistics
- d. We NEED coaches to volunteer to help by coaching at the clinic
- e. The clinic is a fundraiser for the WSLA

XII. League Jobs

- a. Jobs to be filled:
 - i. Championship Coordinators (One program from each league to assist Todd Thorpe)
 - 1. Varsity A: Gail Loveland (Seattle Prep)
 - 2. Varsity B: Nathan Hale
 - ii. Regional Team
 - 1. **Tryout Coordinator**
 - 2. Trip Organizer (arrange for busses, hotels, flights, etc.): Tom Wehe
 - 3. **Coach (paid position)**

XIII. Miscellaneous

- a. Regional Team tryout dates will be posted on wslax.org soon.
- b. Forms to Return to Sarah Milo (League Secretary)
 - i. Handbook/By-Law Acknowledgement Form (Due: January 25th, 2006)
 - ii. Washington State Patrol Certification Form (Due: Prior to first day of contact with players)

Please mail forms to:

Sarah Milo
5124 S. Frontenac St.
Seattle, WA 98118